Day 1

1000-1100	Registration & Fika
1100	Faculty & Delegate introductions, learning goals
1130	Case Discussion
1230	Friluftsliv
1245	My Favourite Resus Case and Why
1300	Lunch
1345	Striving for Personal Excellence - Natalie May
1400	Case Discussion
1445	Friluftsliv
1505	Learning, Unlearning, and Approximating the Truth (or everything you learn on this course is probably bullshit) - Chris Nickson
1515	Bamboo Resus Game
1530	Coffee
1555	Building a Great Team - Karel Habig
1610	Case Discussion
1715	Further discussion / hands-on options / free time
1900	Course Dinner
2100-late	Digging Deep: 'Fireside' case & career discussions

Day 2

0615	Morning Run
0800	Tea & Coffee
0830	What did we learn yesterday and what's today all about?
0840	Sustainable working in resuscitation - Cliff Reid
0855	Case Discussion
0955	My Favourite Resus Case and Why
1010	Friluftsliv
1030	Morning Tea
1100	Academic success for clinicians - Brian Burns
1110	Case Discussion
1210	My Favourite Resus Case and Why
1230	Lunch
1315	The view from the head end - Geoff Healy
1330	Group Activity: Stop the bleeder!
1415	Case Discussion
1510	Friluftsliv
1530	Coffee
1550	My Favourite Resus Case and Why
1600	Everything we've left out so far
1630	Closing Discussion & Feedback
1650	Answers on a postcard - Chris Nickson
1700	Finish
1701	No really. Go home.